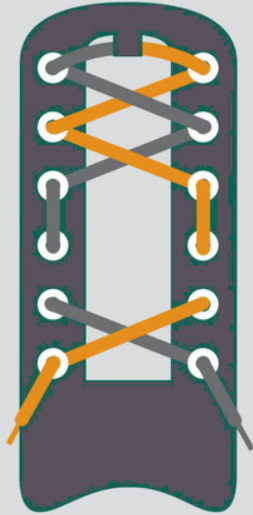


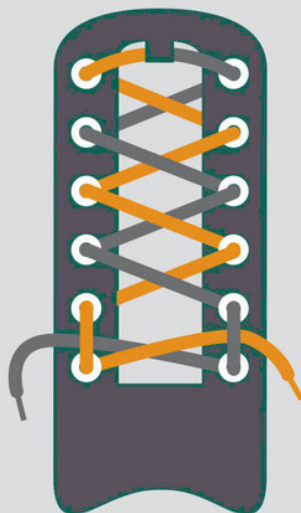
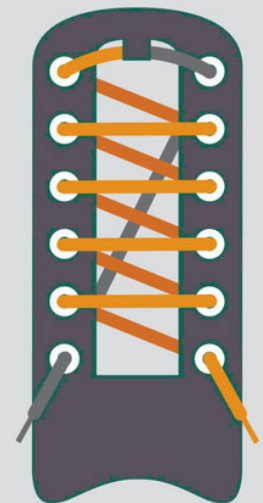
Rebecca's favourite...

LACING TECHNIQUES



- 1. PRESSURE TOP OF MIDFOOT**
Solution: Eliminates lace pressure on bony prominences of midfoot

- 2. FRONT OF ANKLE PAIN**
Solution: Eliminates impingement of laces on tibialis anterior tendon



- 3. HEEL & TOE BLISTERS**
Solution: Reduces heel slippage and prevents toes from jamming into the toebox

